

NYSCTC Cross Country

Team Champion History

<i>Year</i>	<i>Men</i>	<i>Points</i>	<i>Women</i>	<i>Points</i>
2008	Rochester	53	St. Lawrence	35
2007	Geneseo	56	Geneseo	31
2006	Geneseo	37	Geneseo	35
2005	Geneseo	49	Geneseo	21
2004	Geneseo	33	Geneseo	29
2003	Geneseo	38	Ithaca	56
2002	St. Lawrence	25	Geneseo	36
2001	Ithaca	30	Ithaca	42
2000	Ithaca	36	Ithaca	59
1999	St. Lawrence	35	Geneseo	42
1998	St. Lawrence	56	Geneseo	74
1997	St. Lawrence	31	Geneseo	103
1996	Rochester	25	Buffalo State	90
1995	Rochester	25	Geneseo	39
1994	Rochester	23	Geneseo	76
1993	Rochester	34	Geneseo	44
1992	Rochester	36	Geneseo	44
1991	Rochester	31	Ithaca	35
1990	Rochester	39	Ithaca	32
1989	Rochester	35	Ithaca	22
1988	Rochester	27	Ithaca	37
1987	Rochester	32	Ithaca	31
1986	Siena	58	Ithaca	37
1985	St. Lawrence	84	Ithaca	33
1984	Siena	72	Ithaca	56
1983	Siena	31	Cortland	42
1982	Siena	54	Cortland	30
1981	Fredonia	46	Army	44
1980	Siena	63	Army	41
1979	Fredonia	52		
1978	Fredonia	58		
1977	Rochester	43		
1976	Rochester	64		
1975	Hamilton	92		
1974	Colgate	50		
1973	Colgate	39		

1972	Colgate	49		
1971	Hamilton	85		
1970	Brockport	56		
1969	Buffalo State	65		
1968	Brockport	77		
1967	Buffalo State	83		
1966	Roberts Wesleyan	72		
1965	Roberts Wesleyan	57		
1964	Roberts Wesleyan	80		
1963	Roberts Wesleyan	46		
1962	Roberts Wesleyan	61		
1961	Alfred	43		
1960	Alfred	41		
1959	Alfred	20		
1958	Hamilton	60		
1957	Hamilton	51		
1956	Alfred	58		
1955	Buffalo State	49		
1954	Buffalo State	59		
1953	Buffalo State	15		
1952	Buffalo State	53		
1951	Alfred	46		
1950	Rensselaer	38		

NYSCTC Cross Country

Championship History

<i>Year</i>	<i>Host</i>	<i>Men's Team Champs</i>	<i>Individual Champion</i>	<i>Host</i>	<i>Women's Team Champs</i>	<i>Individual Champion</i>
2008	Hamilton	Rochester	Peter Kosgei, Hamilton	Hamilton	St. Lawrence	Wendy Pavlus, St. Lawrence
2007	Rensselaer	Geneseo	Peter Kosgei, Hamilton	Rensselaer	Geneseo	Liz Montgomery, Geneseo
2006	St. Lawrence	Geneseo	Jesse Williamson, RIT	St. Lawrence	Geneseo	Liz Montgomery, Geneseo
2005	Hamilton	Geneseo	C. Fred Joslyn, Cortland	Hamilton	Geneseo	Shannon Griggs, Geneseo
2004	Geneseo	Geneseo	Ted Turner, Geneseo	Geneseo	Geneseo	Renne Catalano, Geneseo
2003	Rensselaer	Geneseo	Ted Turner, Geneseo	Rensselaer	Ithaca	Amanda Laytham, Ithaca
2002	Oswego	St. Lawrence	Adam Van Nortwick, St. Lawrence	Oswego	Geneseo	Melissa White, Geneseo
2001	Hamilton	Ithaca	Kris Enwright, St. Lawrence	Hamilton	Ithaca	Melissa White, Geneseo
2000	Hamilton	Ithaca	Dale Cocca, Ithaca	Hamilton	Ithaca	Amanda Laytham, Ithaca
1999	Oswego	St. Lawrence	Garrett Wagner, Ithaca	Oswego	Geneseo	Maggie Hanson, Hamilton
1998	Union	St. Lawrence	Ian Golden, Ithaca	Union	Geneseo	Kristen Dohler, Geneseo
1997	Brockport	St. Lawrence	Lawton Redman, St. Lawrence	Brockport	Geneseo	Christine Whitmore, Oswego
1996	Rochester	Rochester	Jeff Toten, Rochester	Rochester	Buffalo St.	Debbie Danehy, St. Lawrence
1995	St. Lawrence	Rochester	Todd Reeser, Rochester	Plattsburgh	Geneseo	Christine Sisting, Geneseo
1994	Rensselaer	Rochester	Jeff Lyndaker, St. Lawrence	Geneseo	Geneseo	Lisa Naste, Albany
1993	Binghamton	Rochester	Jeff Lyndaker, St. Lawrence	Oswego	Geneseo	Gloria Hill, Ithaca
1992	Fredonia	Rochester	Todd Reeser, Rochester	Binghamton	Geneseo	Beth Anne Cincotta, Geneseo
1991	Union	Rochester	Todd Orvis, Albany	Geneseo	Ithaca	Ann Marie Delsignore, Ithaca
1990	Union	Rochester	Frank Minosh, Rensselaer	Plattsburgh	Ithaca	Jennifer McNerney, Fredonia
1989	Roberts Wesleyan	Rochester	Petri Aho, St. Lawrence	Binghamton	Ithaca	Jennifer McNerney, Fredonia
1988	Binghamton	Rochester	John Trowse, Brockport	Fredonia	Ithaca	Janette Bonrouhi, Ithaca
1987	Union	Rochester	Jukka Tammissuo, St. Lawrence	Albany	Ithaca	Josefa Benzoni, Rochester
1986	Geneseo	Siena	Jukka Tammissuo, St. Lawrence	Union	Ithaca	Carolyn Misch, Rochester
1985	Rochester	St. Lawrence	Tom Tuori, Rochester	Albany	Ithaca	Jayne Hahin, Rochester

1984	Siena	Siena	Jukka Tammissuo, St. Lawrence	Binghamton	Ithaca	Cathy Livingston, Ithaca
1983	Buffalo	Siena	Marc Gosselin, St. Lawrence	Hamilton	Cortland	Melissa Lacasse, Cortland
1982	LeMoyne	Siena	Bernie Prabucki, Fredonia	Geneseo	Cortland	Sarah Grygiel, Hamilton
1981	Albany	Fredonia	Bernie Prabucki, Fredonia	Binghamton	Army	Ellen Block, Cortland
1980	Fredonia	Siena	Tom Dalton, Siena	Albany	Army	Betsy Shillito, Cortland
1979	Binghamton	Fredonia	Tom Dalton, Siena			
1978	Union/RPI	Fredonia	James Hallgren, Fredonia			
1977	Rochester	Rochester	Hartwick			
1976	Colgate	Rochester	Bill Orlando, Oswego			
1975	Hamilton	Hamilton	Bruce Carter, Hamilton			
1974	LeMoyne	Colgate	Bruce Carter, Hamilton			
1973	Fredonia	Colgate	Dave Moller, Rochester			
1972	Roberts Wesleyan	Colgate	Dave Moller, Rochester			
1971	Rensselaer	Hamilton	Fran Verdoliva, Oswego			
1970	Buffalo	Brockport	Rod Williams, Brockport			
1969	Binghamton	Buffalo St.	Ed Fuchs, Buffalo			
1968	Oswego	Brockport	William Pollack, Rensselaer			
1967	LeMoyne	Buffalo St.	Ken Dempster Roberts Wesleyan			
1966	Alfred	Roberts Wesleyan	Robert Fitts, Cortand			
1965	Roberts Wesleyan	Roberts Wesleyan	Pat Glover, Hartwick			
1964	Oswego	Roberts Wesleyan	Robert Lally, Cortland			
1963	Buffalo	Roberts Wesleyan	Robert Lally, Cortland			
1962	Ithaca	Roberts Wesleyan	James Webb, Roberts Wesleyan			
1961	Harpur	Alfred	Tim Burns, Buffalo St.			
1960	Roberts Wesleyan	Alfred	Larrie Seet, Alfred			
1959	Alfred	Alfred	Alfred			
1958	Rensselaer	Hamilton	Tom Hoffman, Union			
1957	Buffalo St.	Hamilton	Fred Best, Rensselaer			
1956	Hamilton	Alfred	Frank Finnerty, Alfred			
1955	Harpur	Buffalo St.	John Parillo, Union			
1954	Hartwick	Buffalo St.	Al Shaler, Hamilton			

1953	Buffalo	Buffalo St.	Phil Ellsworth, Buffalo St.			
1952	Ithaca	Buffalo St.	Harold Snyder, Alfred			
1951	Alfred	Alfred	Alfred			

1950 Cortland Rensselaer Per Anderson, Alfred

NYSCTC Cross Country

Championship History

Team and Individual Championships Won

Men's Team	Team	Individual	Women's Team	Team	Individual
Rochester	13	6	Geneseo	12	9
Buffalo State	6	2	Ithaca	11	6
St. Lawrence	5	10	Cortland	2	3
Alfred	5	6	Army	2	
Roberts Wesleyan	5	2	Buffalo State	1	
Siena	5	2	Rochester		3
Geneseo	5	2	Fredonia		2
Hamilton	4	5	Hamilton		2
Fredonia	3	3	Albany		1
Colgate	3		Oswego		1
Ithaca	2	3	St. Lawrence	1	2
Brockport	2	2			
Rensselaer	1	3			
Cortland		4			
Hartwick		2			
Oswego		2			
Union		2			
Albany		1			
RIT		1			
U of Buffalo		1			

NYSCTC Cross Country

Championship History

<i>Team Notes:</i>	Men	Number	Women	Number
Most Team Championships	Rochester	13	Geneseo	12
Most Individual Champions	St. Lawrence	10	Geneseo	9
Longest Championship Streak	Rochester (87-96)	10	Ithaca (84-91)	8
<i>Individual Notes:</i>				
	Name / School	Number (yrs)	Name / School	Number (yrs)
Repeat / Multiple Champions	Jukka Tammissuo, St. Lawrence	3 (84, 86, 87)	Jennifer McNerney, Fredonia	2 (89, 90)
	Harold Snyder, Alfred	2 (51, 52)	Melissa White, Geneseo	2 (01, 02)
	Frank Finnerty, Alfred	2 (56, 59)	Amanda Laytham, Ithaca	2 (00, 03)
	Robert Lally, Cortland	2 (63, 64)	Liz Montgomery, Geneseo	2 (06, 07)
	Dave Moller, Rochester	2 (72, 73)		
	Bruce Carter, Hamilton	2 (74, 75)		
	Tom Dalton, Siena	2 (79, 80)		
	Bernie Prabucki, Fredonia	2 (81, 82)		
	Jeff Lyndaker, St. Lawrence	2 (93, 94)		
	Todd Reeser, Rochester	2 (92, 95)		
	Ted Turner, Geneseo	2 (03, 04)		
	Peter Kosgei, Hamilton	2(07, 07)		

NYSCTC Cross Country

Championship History

<i>Year</i>	<i>Men's Runner of the Year</i>	<i>Men's Rookie of the Year</i>	<i>Men's Coach of the Year</i>	<i>Women's Runner of the Year</i>	<i>Women's Rookie of the Year</i>	<i>Women's Coach of the Year</i>
2008	Peter Kosgei, Hamilton	James Vavra, Rochester	John Izzo, Rochester	Wendy Pavlus, St. Lawrence	Jenna Hulton, St. Lawrence	Mike Howard, St. Lawrence
2007	Peter Kosgei, Hamilton	Tom Reubens, Geneseo	Mike Woods, Geneseo	Liz Montgomery, Geneseo	Wendy Pavlus, St. Lawrence	Mike Woods, Geneseo
2006	Jesse Williamson, RIT	Lee Gabler, Geneseo	Mike Woods, Geneseo	Liz Montgomery, Geneseo	McKenzie Clemens, Alfred	Mike Woods, Geneseo
2005	C. Fred Joslyn, Cortland	Shamus Nally, Cortland		Shannon Griggs, Geneseo	Liz Montgomery, Geneseo	
2004						
2003		Weston Fellows, Oswego			Shannon Sodano, NYU	
2002						
2001						

2000